



ASSESSMENT OF NOISE POLLUTION FROM SAWMILL ACTIVITIES IN ILORIN, NIGERIA

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ABSTRACT

This study examined noise pollution from sawmilling in Ilorin metropolis, Nigeria. Noise measurements were made using HD600 digital data logging sound level meter in conjunction with structured questionnaire which was designed to elicit noise related information. The results of the study showed that the background noise within the sawmills was 58.1-64.86 dB(A) while machine equivalent noise was 81.1-112.3 dB(A). Approximately 73% of all the noise measurements are above the recommended limit of 85 dB(A) and these high noise intensities can initiate or perpetuate some work related health challenges. Also a noise contour map which shows the spatial impact of sawmill noise on the metropolis was developed. Within the sawmills, most of the workers are unprotected, disturbed and complain of noise-related ailments such as tinnitus (96.6%), headache (86.6%) and hearing impairment (71.9%). Therefore noise prevention and control strategies are suggested in addition to frequent audiometric tests, training, education, and enforcement of noise regulations.

Keywords: Noise, sawmill, machine, workers, impacts

1. INTRODUCTION

Exposure to high levels of noise, particularly at workplaces, has been a global concern as strong evidence links them with some high-ranking health challenges. Symptoms of short or long periods of exposure to noise include auditory effects such as auditory fatigue and hearing loss, and indirect non-auditory effects such as speech interference, annoyance, lowered mental peace and task performance, and several psychological changes [1-7]. It was reported by the World Health Organization [8] that throughout the world, noise-induced hearing impairment is the most prevalent irreversible occupational hazard and an estimated 120 million people have disabling hearing difficulties. In addition, 16 % of total global deafness is estimated to be caused by occupational noise and more than 4 million Disability-Adjusted Life Years (DALYs) are lost to noise induced hearing loss [9].

General awareness of the effects of occupational noise has led to promulgation of several legislations which prescribe permissible noise level at workplaces. Levels below 80dB (A) has been agreed by most experts to result in minimal risk of hearing loss development [9]. A study by the International Institute of Noise Control Engineering [10] indicated that the 8-hour average A-weighted sound pressure level legislations in twenty-four countries vary from

85 to 90 dB(A) except China which recommends 70–90 dB(A). However, 85 dB(A) continuous sound pressure level for 8 hours is the widely recommended exposure limit as contained in OSH [3], I-INCE [10], NOHSC [11], (NIOSH [12], ACGIH[13], and NESREA [14]. Regulatory standards are justified by the adverse effect of noise on public health as shown by scientific and technical data as well as consideration of technological feasibility, costs of compliance, prevailing exposure levels, and social-economic and cultural conditions [8].

Noise in several industrial workplaces has been extensively studied in literature. Some of these studies investigated noise pollution in a single workplace i.e. refinery [15], textile factory [16], quarry [17], integrated steel plant [18], mining industry [19], oil mill [20], construction site [21], oil and gas installation [22] and cement factory [23]. Other studies focused on multiple workplaces i.e. steel pipe and air conditioning unit factory [24], sawmills, printing presses and corn mills [25], concrete traverse, cement, iron and steel, and textile factories [26], and fifteen industrial sites [27]. The noise level reported by these studies with diverse machinery and operating environment varies considerably. Generally, workplaces in the industrial sector have not only generated huge amounts of noise; they have equally witnessed enormous increase in number and diversification.

Wood has been useful to human societies since ancient civilizations and wood resources continue to play dominant roles in the world as the demand for wood products is on the increase [28]. The building construction industry has also witnessed tremendous growth and wood from logs serves as a major construction material. However, lumber mills, where logs are processed have been identified as an extreme acoustic environment for workers [29]. In particular, sawmill activities in lumber mills could generate appreciable amount of noise as a result of machine engine operation, cutting and sawing, and these activities occur every day for long periods of time.

Nigeria is Africa's largest wood producer with an annual harvest of more than 100 million cubic meters [30]. Sawmills are majorly domiciled in cities and they account for 93.32% of the total wood-based industries [31]. However, there is paucity of information on noise from sawmill activities within the cities in Nigeria. The purpose of this study is to establish and characterize noise from sawmilling in Ilorin city, Nigeria, determine its impact on sawmill workers and urban environment, and proffer mitigation strategies.

2. METHODOLOGY

2.1 Study area

The city of Ilorin is the largest urban centre and capital of Kwara State in North Central Nigeria. Ilorin lies on latitude 8°30'N and longitude 4°35' E, occupies an area of 89 km² and has a population of about 800,000 [32]. Ilorin has a tropical wet and dry climate, relative humidity of 79.7%, and its vegetation falls within the derived Savannah [33]. The proximity of Ilorin to some rainforest states and its unique geographical location as the "gateway" between the northern and southern parts of the country makes it possible to regularly receive logs for sawmilling and lumbers/planks for further processing prior to marketing for local consumption or transportation to the northern parts of Nigeria [34]. However, the thriving sawmill activities is one of the businesses which produce negative environmental impacts including noise pollution. For the purpose of this study, noise from the major sawmills within Ilorin metropolis totalling sixteen was investigated. The identity and location of the studied sawmills is presented in Table 1 and their spatial distribution within the metropolis is shown in Figure 1.

2.2 Sawmill noise measurements

Noise measurements were taken from the sixteen prominent sawmills using a sound level meter because it closely replicates the loudness perceived by the human ear [35]. The sound level meter used in this study is the digital datalogging sound level meter, model HD600 manufactured by Extech® Instruments Corporation, U.S.A. The equipment meets Type 2 requirements of ANSI S1.4 and IEC 61672-1, and measures and displays Sound Pressure Level (SPL)

from 30dB(A) to 130dB(A) with ± 1.4 dB(A) accuracy in 3 measurement ranges. For each sawmill, the background noise was taken when the sawmill is active but the machines are not in operation. Noise measurements were then taken at each machine location when in operation with one set of readings taken in triplicates in each of the four cardinal points to increase accuracy of the readings.

Table 1: Sawmill identity and location

Sawmill	Location	Longitude	Latitude
SM1	Bankole Plank Market, off Tanke Road	4.61000	8.4796
SM2	Ganmo	4.58030	8.4559
SM3	Off F Division, Pipeline Road, Tanke	4.61900	8.4934
SM4	Irewolede, off New Yidi Road	4.55020	8.4573
SM5	Saboline Area	4.55830	8.4951
SM6	Idiose, Alore	4.52920	8.5059
SM7	Odo-Okun, off Sawmill Garage Road	4.52620	8.4707
SM8	Ero-omo, off Offa-Garage Road	4.59680	8.4257
SM9	Agbabiaka	4.60280	8.4642
SM10	Adangba Area	4.53860	8.5054
SM11	Olorunshogo, off Yebumot Road	4.51740	8.4629
SM12	Abiola Off Coca Cola Road	4.55700	8.4662
SM13	Amayo	4.62790	8.4141
SM14	Alagbado, off Sobi Road	4.53930	8.5228
SM15	Ifesowapo, off Jebba Road, Sango	4.58790	8.5111
SM16	Oyun	4.60620	8.5296

The third set of readings were taken at predetermined sampling points within each sawmill when all the machines are in operation. The prescribed procedure stipulated in HD600 User's Guide and the WHO document containing strategies for conducting noise surveys [36] was followed in taking all the measurements. The sound level meter was positioned at a height of 1.5m above the ground and at least 1.5m away from reflecting surfaces. The sound level meter was set to slow response measurement of A-weighted sound levels at a sampling interval of 1s.

The noise descriptors used in the study are:

- Maximum noise level (L_{max}): Peak measured sound pressure during the measurement period
- Average noise level (L_p) is given as:

$$L_p = 20 \log \frac{1}{n} \sum_{j=1}^n 10^{\left(\frac{L_j}{20}\right)} \quad (1)$$

In (1), n is the number of SPL readings taken; $L_j = j^{\text{th}}$ SPL; for $j = 1, 2, 3, \dots, n$

- Equivalent SPL (L_{eq}): constant noise level that, over a given time, expends the same amount of energy as the varying sound level over the same period of time. Mathematically, it is represented as:

$$L_{eq} = 10 \log \sum_{i=1}^{i=n} \left(10^{\left(\frac{L_i}{10}\right)} \right) (t_i) \quad (2)$$

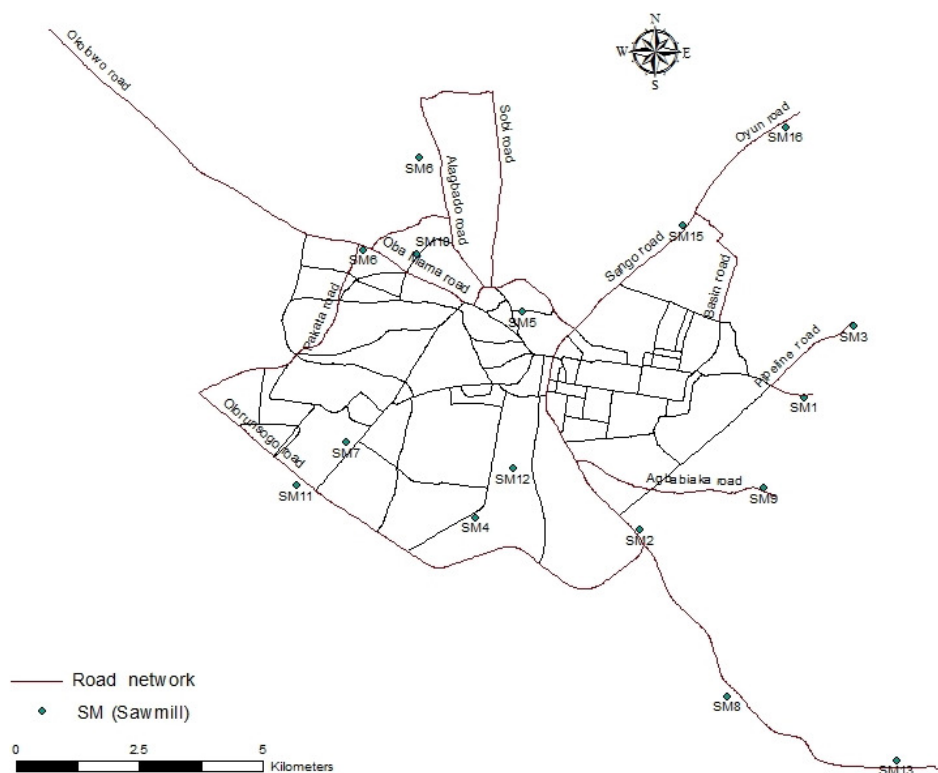


Figure 1: Spatial location of the studied sawmills within Ilorin metropolis

In (2), n is the total number of SPL samples taken, L_i is the SPL in the i^{th} sample and t_i is the fraction of total SPL sample time.

2.3 Questionnaire survey

In order to validate physically measured sound exposure, social surveys such as administration of questionnaire to obtain subjective response of human beings is appropriate [4]. A structured questionnaire was designed to capture data on noise rating, health status, existing information on sawmill equipment and working conditions in the sawmill. A total of 350 questionnaires were administered to randomly selected workers, particularly the machine operators. In some instances illiterate subjects were assisted in completing the questionnaire. The solicited data included background information of the subject, source(s) of work area noise, working equipment noise information, subjective noise rating, observed effects of noise, and use of noise protector.

3. RESULTS AND DISCUSSION

3.1 Noise exposure measurements

Background noise represents the ambient environmental noise level when no machine is in operation. The background noise in the studied sawmills is presented in Figure 2. The average background noise ranges from 58.1 dB(A) in SM11 to 64.86 dB(A) in SM15. This value is expected because most of the sawmills are surrounded by other flourishing industrial and commercial activities which

are equally situated close to major roads that are known to generate appreciable traffic noise. Also the measured background noises fall within L_{90} values of 34-74 dB(A) reported by Oyedepo [37] for some sampling points within Ilorin metropolis. However, these values are still within permissible noise levels of 75 dB(A) stipulated by the World Health Organization (WHO) [8] for industrial, commercial, and traffic areas.

The noise generating machines found in the studied sawmills are circular, planning, rip saw, and rabbeting machine while band-saw and chainsaw was found only at Irewolede sawmill (SM4). The equivalent noise generated by the machines is presented in Table 2.

Typical noise in all other machines range between 81.1 and 98.8 dB(A). Band saw and chain saw were observed to generate the highest noise of 106.4 and 112.3 dB(A) respectively. A total of 84%, 84%, 71%, 49%, 99%, and 100% of all the readings taken at the circular, planning, rip saw, rabbeting, band-saw, and chainsaw machine respectively exceeded the permissible level of 85 dB(A) specified by the National Environmental Standards and Regulations Enforcement Agency (NESREA).

The distribution of noise within the metropolis when the sawmills are in operation in the form of a noise contour map is presented in Figure 3. The contour displays the footprints of individual sawmill activity, joins points having the same noise level, and also reflects the cumulative noise exposure due to all sawmill activities within data boundary.

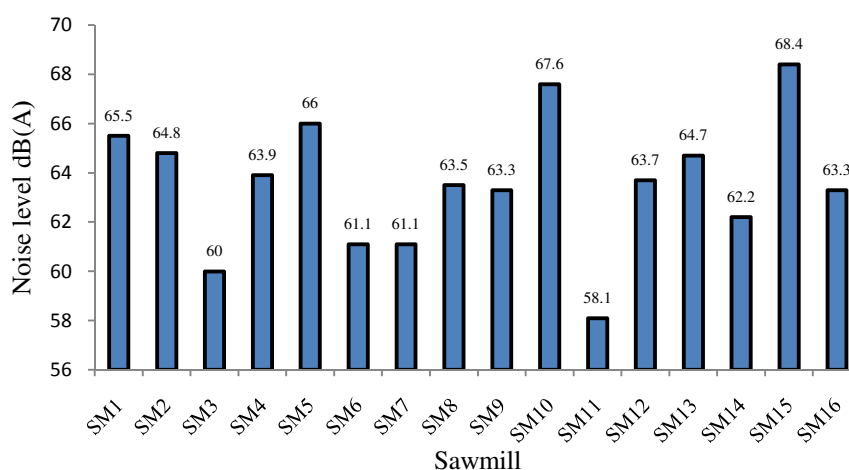


Figure 2: Average background noise in the studied sawmills

Table 2: Equivalent noise level of machines in the sawmills

Type of machine	Circular Saw		Planning		Rabbeting		Ripsaw		Band Saw		Chain Saw	
Sawmill identity	% >PL	L _{eq} dB(A)	% >PL	L _{eq} dB(A)	% >PL	L _{eq} dB(A)	% >PL	L _{eq} dB(A)	% >PL	L _{eq} dB(A)	% >PL	L _{eq} dB(A)
SM1	87	94.2	89	97.8	64	93.8	87	93.7	N/A	N/A	N/A	N/A
SM2	86	95.5	91	97.4	70	94.8	87	94.4	N/A	N/A	N/A	N/A
SM3	80	94.7	81	95.3	87	92.9	13	83.1	N/A	N/A	N/A	N/A
SM4	79	94.2	78	96.3	84	95.1	58	86.2	99	106.4	100	112.3
SM5	86	95.5	88	96.8	74	92.3	84	88.0	N/A	N/A	N/A	N/A
SM6	89	94.4	90	95.8	79	94.2	46	89.3	N/A	N/A	N/A	N/A
SM7	85	96.7	85	96.0	82	94.6	27	84.1	N/A	N/A	N/A	N/A
SM8	94	95.8	96	95.8	94	94.2	34	87.8	N/A	N/A	N/A	N/A
SM9	72	97.2	80	96.7	45	92.3	32	91.2	N/A	N/A	N/A	N/A
SM10	73	95.3	83	97.2	62	91.0	8	81.1	N/A	N/A	N/A	N/A
SM11	91	95.4	98	97.7	83	88.8	18	83.9	N/A	N/A	N/A	N/A
SM12	84	98.2	70	95.6	52	91.2	41	87.9	N/A	N/A	N/A	N/A
SM13	83	96.1	80	94.2	72	90.9	84	92.0	N/A	N/A	N/A	N/A
SM14	88	97.0	76	96.5	56	90.6	48	89.4	N/A	N/A	N/A	N/A
SM15	81	98.2	85	95.9	53	90.6	48	89.6	N/A	N/A	N/A	N/A
SM16	82	98.8	77	96.7	76	93.3	62	90.4	N/A	N/A	N/A	N/A

PL = Permissible Limit (85 dB(A)) N/A = Not Available

The crest of the contour is at SM4 denoting the highest noise intensity (121.7 dB(A)) with a steep decrease towards the north to 108.8 dB(A) at SM12. At the southern part of SM4 the contour lines are far apart with a shallow slope reaching 114 dB(A) near the data boundary. SM4 is located within the industrial zone of the township and it houses industries like flour mill, steel industry, soap and detergent manufacturing company, pharmaceutical industry, foam industry, and several other commercial establishments. The high noise intensity in SM4 may be attributable to the operation of band-saw and chain saw machine which generate high noise and the prevailing background noise (about 63.9 dB(A)) from other industrial or commercial activities. Outside SM4, the noise contour

is dispersed ranging between 106 dB(A) and 115 dB(A). These noise intensities are greater than the stipulated limit of 70 dB(A) for general environment or 85-109 dB(A) depending on duration for workshops or factories (NESREA, 2009). This constitutes a nuisance and threat to public health as it can result in several physiological and psychological disorders in workers as well as those living within the vicinity of sawmills.

3.2 Questionnaire survey

A total of 320 out of 350 administered questionnaires were completed, returned and useable for analysis. Table 3 shows the number of respondents with respect to their age group and gender. Majority of the

study population (84.8%) within sawmill workers are males while 15.2% are females. About 80% of the respondents fall within the active age group of 14-57. Most of the elderly within the age bracket of 58 and above are machine owners, union members or supervisors.

Table 3: Background information of respondents

Parameter	No.	%
Sex:		
Female	49	15.2
Male	271	84.8
Age:		
14 – 27	36	11.4
28 – 37	72	22.5
38 -47	86	27.0
48-57	61	19.1
58-67	44	13.8
68 and above	21	6.7

The result of subjective rating of noise is presented in Table 4. A total of 41 (12.9%), 219 (68.4%), and 56 (17.4%) of the respondents rated sawmill noise as noisy, very noisy, and extremely noisy respectively while only 4 (1.1%) claimed it is not so noisy. Therefore a total of 98.9% of respondents are dissatisfied with the level of noise in their workplace. This dissatisfaction may be attributable to the use of some high noise generating machines and some experimental effects of noise.

The claims by the studied population on the effects on noise are varied and many respondents made multiple complaints. As presented in Table 5, out of the complaints extracted from the questionnaires, majority was tinnitus (96.6%), headache (86.6%) and

hearing loss (71.9%). Fewer complaints were observed of annoyance (3.3%), difficulty in concentration (2.5%), and diplacusis (1.8%). According to WHO [9], tinnitus can cause sleep disturbance, cognitive impairment, anxiety, psychological distress, depression, communication hindrance, frustration, irritability, tension, loss of work productivity, reduced efficiency and restricted participation in social life

Table 4: Respondents' rating of sawmill environment

Rating	No	%
Extremely quiet	1	0.2
Quiet	3	0.9
Noisy	41	12.9
Very Noisy	219	68.4
Extremely Noisy	56	17.4

Headaches are one of the most common neurological problems which are painful and debilitating, and cause a substantial health and social burden on the society [38]. Pain resulting from headaches may be accompanied by nausea or increased sensitivity to noise or light and may signal a more serious disorder that requires prompt medical attention [39]. Generally, it is observed that continued exposure to noise above 80 dB(A) will result in some hearing loss over time [2] and an appreciable amount of healthy life is lost to noise induced hearing loss. Also, the annoying effect of noise is a function of noise levels and exposure time whilst high noise levels for short periods are more annoying than lower levels at relatively longer periods [40]. It is therefore necessary to control noise within sawmills.

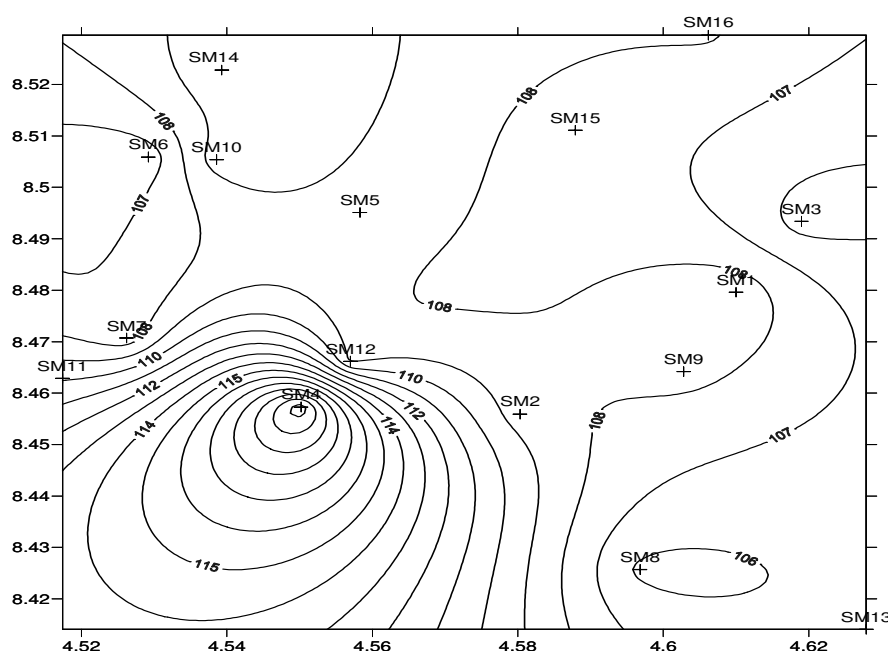


Figure 3: Noise contour map of sawmills in Ilorin

Table 5: Percentage of workers having noise related complaints

Complaint	No. of complaints (%)
Headache	277 (86.6)
Hearing loss	230 (71.9)
Annoyance/irritability	29 (9.1)
Difficulty in concentration	22 (6.9)
Tinnitus	309 (96.6)
Diplacusis	16 (5.0)

Table 6 shows information on how noise is controlled at sawmills within Ilorin. Hearing protectors are not available to approximately 97% of sawmill workers and usage of protectors is extremely low (1.3%). Also machinery noise propagation control such as use of barriers, sound proofing are not available. Hence over 98% of workers are not under any protection and are exposed to high sawmill noise. This study equally noticed that only 8 out of the 320 respondents have undergone hearing tests, hence it is confirmed that most workers do not know their hearing status and may not be able to monitor the likely effects of their exposure to sawmill noise. Perhaps noise tests are not carried out because of lack of training, education, and enforcement of noise regulations.

Table 6: Noise preventive methods taken by respondents

	Yes (%)	No (%)
Availability of hearing protector	11 (3.4)	309 (96.6)
Usage of hearing protector	4 (1.3)	316 (98.7)
Machinery noise propagation control	6 (1.9)	314 (98.1)
Hearing status test	8 (2.5)	312 (7.5)

4. CONCLUSIONS

The study has shown that sawmills have problem of noise emanating from machining operations despite permissible levels of background noise. The measured background noise varied from 58.1-64.86 dB(A) while machine equivalent noise ranged between 81.1 dB(A) and 112.3 dB(A). The maximum noise level in the studied sawmills from several combinations of machine operations was 105.6 to 121.7 dB(A). The crest of the developed noise contour map was at SM4, thus denoting the sawmill with highest sum of background and machine operation noise relative to other sawmills within the metropolis. More so approximately 73% of all the measurements were above the recommended limit of 85 dB(A).

Furthermore, a total of 98.9% of sawmill workers are dissatisfied with the level of noise in the sawmills. It was also observed that almost all workers are not under any form protection and are exposed to high sawmill noise. Also machinery noise propagation

controls are unavailable and workers operating or working in the vicinity of the chain saw are the most affected. The most prominent health complaints by sawmill workers is tinnitus (96.6%), headache (86.6%) and hearing loss (71.9%). Consequently evidence from obtained noise levels and subjective response from sawmill workers suggests the implementation of noise prevention and control strategies in addition to training, education, and enforcement of noise regulations.

5. ACKNOWLEDGMENT

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